

# Weekly School News Roundup

**Withycombe Raleigh  
C of E Primary School**



Mrs Emma Jones, Headteacher  
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## News from your Headteacher

We all enjoyed Sports Day yesterday, we hope you did too. We'll send out a special edition early next week with more sports day photos, and we'll put a bit of a video together, but we've included a taster in this newsletter too. Thank you to everyone who came along to support the children. It was so nice to be able to welcome you all on site and to the rugby club for such a special event in the Withycombe calendar. All our children showed great enthusiasm for the events, great 'sportsmanship' and lots of energy. It was great to see the children supporting one another and cheering one another on. Many thanks to L&F Multisports for their time and to the wonderful Mrs Ryan who organised the whole day (including setting up at Withycombe Rugby Club very early on Thursday morning)

### Ofsted Report

I hope that all our families received a copy of our final inspection report this week. The report will also be available on the Ofsted website in about a week's time. The inspectors were in school for 2 days and gathered evidence from different aspects of the school including: the quality of education, behaviour and attitudes, personal development, early years and how the school is led and managed. Inspectors gathered evidence by talking to children, talking to parents, watching lessons, meeting with and interviewing staff / school leaders and conducting surveys.

We are pleased that our school remains 'Good' and that the report highlights so many of the strengths that we recognise as well as giving us a couple of targets; both in areas of current school development. There were some very positive comments including that our school has a 'positive and vibrant ethos' and that 'Withycombe Raleigh Primary is a friendly and happy school'. We were pleased that the inspectors recognised our 'swift and appropriate action' to improve aspects of our curriculum following our previous inspection in March 2023. We already have plans to address the development points contained in the report, and have already had opportunities to conduct some responsive staff training. If you have any queries regarding the report, please do not hesitate to contact me.

### Collective Worship:



This week we have again focused on the value of Perseverance. Children gave their own definitions of what perseverance means to them and also shared examples of when they needed to persevere. Mrs Jones shared that she needs to persevere at improving her parking skills! We thought about the athletes preparing for the Olympics and how many of them need to persevere with their training, often overcoming problems along the way.

Have a lovely weekend, Mrs. E Jones

**Contact us:** You can email your child's teacher using the class email account which you can find on the school website under your Year Group page (via Home Connect page). Remember that teachers don't have an opportunity to check their emails during the school day as they're busy teaching, so if you have an urgent message please contact the school office.

• Tel: 01395 263397 • email: [admin@wrpschool.org](mailto:admin@wrpschool.org), • [wrpschool.org](http://wrpschool.org) • facebook: [OfficialWRPSchool](https://www.facebook.com/OfficialWRPSchool) •



Growing

Happy

Caring

Hearts

and

Minds



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## Safeguarding The Refugee Crisis

World Refugee Day falls on 20 June every year, and this is also part of World Refugee Week which ran last week.

There is a lot of news and opinion out there (especially within the election manifestos) providing children with a confused picture about what it means to be a refugee – children will also be witnessing news about the devastating events that lead to people fleeing their homes. I am hoping that this newsletter entry will encourage even a few families to take some time to discuss these realities in a way that children will understand.

What is clear is that the numbers of people involved in the current refugee crisis are enormous - for the first time on record, the number of people forced from their homes has now exceeded 110 million people due to conflict, violence, human rights violations and persecution.

Conflict is one of the main drivers of forced displacement, with over half of all refugees originating from just three countries: Syria, Afghanistan and Ukraine.



[left: Polina, 12, her pet dog “Stitz” and her mum managed to escape the bombing in their home city of Mariupol (Ukraine) to find safety and life-saving support in Romania.]

It is important that children understand how a refugee differs from other terms used e.g. ‘illegal immigrants’. In simple terms a refugee is someone who has fled their country because they are at serious risk of harm, persecution or danger. Refugees feel they have no choice but to leave because their governments cannot, or in some cases will not, protect them.

### Refugees have a right to asylum (safety), medical care, schooling and the right to work.

Whilst fleeing, many refugees have nothing, they do not have access to food or clean water, and many carry no possessions other than the clothes on their backs. A person can become a refugee in an instant. Refugees might end up in refugee camps in neighbouring areas or countries. Some end up living in new and unfamiliar countries and attending new schools, where they are not always accepted by everyone as they can be judged for appearing different, or frightened.

If you are confident in doing so, please spend time with your child to inform them and foster healthy opinions around empathy and respect for other people who are experiencing such devastating events in Europe and beyond.

If you are interested in reading more or wish to support a charity that works with refugee children and their families (ensuring that they can access critical services and stay safe) I have attached the link for World Vision below.

BBC Bitesize is always great at explaining things in child-friendly terms too (link added).

Mr Smith  
Designated Safeguarding Lead

### Useful links for more information:



<https://www.worldvision.org.uk/campaign/world-refugee-day-and-world-refugee-week/>

<https://www.bbc.co.uk/bitesize/articles/z47dmbk#zhbfrmn>

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## World Wellbeing Week 24-30th June

### What is World Wellbeing Week?

World Wellbeing Week is a week to celebrate and raise awareness of the importance of wellbeing. Our wellbeing includes many aspects such as our physical, mental and emotional health, as well as our social, community and living circumstances.

During World Wellbeing Week, we can all take a bit of time to reflect on our own wellbeing or look out for the wellbeing of our loved ones and others in our community.

As parents and carers, World Wellbeing Week is the perfect time to help our children with the skills and tools they'll need to support their own mental health and wellbeing.

### It's a perfect time to reflect on our wellbeing!

### What will your focus on Wellbeing be this week, for you and your family? Here are some ideas!

- ✓ Improve the quality of your sleep?
- ✓ Keep a journal for the week on things you are proud of or grateful for?
- ✓ Eat the colours of the rainbow with your fruit and veg?
- ✓ Do something active each day?
- ✓ Focus on how you relax and unwind?
- ✓ Spend more time with loved ones?
- ✓ Help someone in need?
- ✓ Drink more water?
- ✓ Read a book that you have never felt time for?
- ✓ Talk to someone about how you feel?
- ✓ Plan something you might enjoy doing?

We usually share these 'Wake up Wednesday' updates on our website's Online Safety page as they provide great information about apps and staying safe online, but this week they've also followed the **wellbeing theme** so we'll pop a copy on the Home Connect page in case you'd like a closer look.

Mrs L Jones  
Wellbeing TA

**10 Top Tips for Parents and Educators PROMOTING PHYSICAL WELLBEING**

Physical activity isn't only beneficial for our bodies; it also plays a role in promoting mental wellbeing. With both the Euros and the Olympics this summer, it's an opportunity to engage young people in regular exercise which can reduce stress, improve mood and boost self-esteem. Despite these benefits, many children face barriers to participating in physical activity.

- 1 MAKE IT FUN**  
Incorporate activities that children enjoy, such as playing games or dancing. Encourage participation in team sports or group activities to foster social connections and a sense of belonging.
- 2 MIX MOVEMENT WITH LEARNING**  
Educational settings can incorporate movement breaks and physical activities to enhance focus, concentration and cognitive function. Embedding exercise into the curriculum can also reinforce learning and stimulate creativity. 'Revision walks' with podcasts and flashcards can benefit older learners.
- 3 LEAD BY EXAMPLE**  
Parents and carers can be positive role models by prioritising their own exercise and involving children in their fitness routines. Be realistic about what you can do, and make it a family activity.
- 4 ENCOURAGE PERSISTENCE**  
Help children develop resilience and perseverance by encouraging them to set realistic goals and celebrate their progress. Remind them that the importance of persistence is the value of effort in achieving their goals.
- 5 SET REALISTIC GOALS**  
Help children set achievable physical activity targets based on their interests, abilities and preferences. Celebrate their progress and successes to motivate motivation and enthusiasm.
- 6 ENJOYMENT OVER COMPETITION**  
Encourage children to focus on the enjoyment of physical activity rather than winning or achieving perfection. Emphasise effort, improvement and having fun rather than performance to minimise the pressure of stress that kids can sometimes associate with sports and team competition.
- 7 MAKE IT ACCESSIBLE**  
Ensure that children know how and where to take breaks. Consider their interests and involving children in their fitness routines. Be realistic about what you can do, and make it a family activity.
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**Wake Up Wednesday** The National College

[@wake\\_up\\_weds](#) [/www.thenationalcollege](#) [@wake.up.wednesday](#) [@wake.up.weds](#)

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Charlotte from Avocet Class, has been competing in the Devon Developments in Plymouth over the last 2 weekends. She won **8 Gold medals and 2 Silver medals**.

Following the competition she is now ranked 3rd in Britain in the 200m backstroke and 6th in Britain in the 100m backstroke.

**Just, wow, Charlotte!**



Ella was busy at the weekend racing in rounds 7 and 8 of the BMX European Cup in Tiel, Netherlands.

Ella made it onto the podium and got an **impressive 2nd** in both rounds, challenging the current European number 3, 5 and 8. **She is off to Manchester this weekend racing in rounds 7 and 8 of the BMX National Series! Ella, you're an inspiration!**



I'm Katie, Max Dudley's mum from Year 1 and I'm running from Beer to Exmouth along the South west coast path on Sunday 23rd June. That's 30km of the Jurassic coast 100 for the charity Sands.

Sands helps bereaved families in such a difficult time of loss and as a midwife I've seen first-hand the amazing work that they do. Please help by donating if you can to support these families in need and I will do my best to run as fast as I can!

Katie's Just giving page link: <https://shorturl.at/aNaVw>

Katie  
Lea's  
JustGiving  
Page



# Weekly School News Roundup

## Sports Day 2024

Here's a snapshot for now from our super, sunshiny day.

Thank you so much to everyone who came along, cheered on the children, and helped to create memories for them. And if you couldn't make it, we'll share some more photos and a video soon to give you a flavour of the day.

