

Weekly School News Roundup

**Withycombe Raleigh
C of E Primary School**



Date: 14th June 2024

Mrs Emma Jones, Headteacher
Withycombe Village Road
Exmouth, Devon, EX8 3BA

Please ring us on: (01395) 263397
email: admin@wrpschool.org
website: wrpschool.org

News from your Headteacher

There has been so much going on again this week. Our Year 4 children have completed the Multiplication Times Table Checks and Year 1 have completed the Phonics Screening Check. We are really glad that the weather has been good and hope that it will stay like this for our Sports Day on 20th June. As you're aware, at Withycombe we are fortunate to be located in such a wonderful location. We have our own fantastic grounds with the field and Wild Tribe area. We also like to make the most of the beach and estuary being so convenient for visits too. Year 5 enjoyed a day at the beach on Monday where they participated in a Beach Clean. Children will be out and about on visits over the next few weeks too, including Year 1 to Powderham Castle, Year 2 to Escot, Year 3 to the cinema and EYFS to Amazing Grazing!

We're proud to be part of the Sideshore Sea Safety Project which is running over the next two weeks. Children from across the Exmouth Learning Community have enjoyed a day of learning about sea safety and climate change via workshops. Our very own Mrs Rhodes has been one of the main organisers of the event, along with Mrs Rogers who will be leading the art workshop. Our Year 6 children spent the day at the project on Wednesday – we've posted a montage of photos on our Facebook page for you to get a flavour of how brilliant this project is. Please also take a look at the Sideshore Project Facebook page for more information.

<https://www.facebook.com/100063856200996/posts/919447923527073/?app=fbl>

Road Closure notification

We have received advance notification from South West Water that part of Withycombe Village Road will be closed between **24/9/24 and 25/9/24**. The closure will be between 'the burial ground' to 188 Withycombe Village Road. This is so SWW can carry out utility works. Their letter states that 'All efforts will be made to maintain access to properties within the area of closure'. We will remind you all nearer the time of this possible issue.

Collective Worship:



This week in Collective Worship we have spoken about the Paralympic value Equality. We discussed what equality is and related this to the Paralympic Games. We learned about the first games and about how the competition has become a bigger and bigger event each time. Children have been thinking about how our school can be an inclusive place and ensure that everyone has equal opportunities.

Have a lovely weekend, Mrs. E Jones

Contact us:

You can email your child's teacher using the class email account which you can find on the school website under your Year Group page (via Home Connect page). Remember that teachers don't have an opportunity to check their emails during the school day as they're busy teaching, so if you have an urgent message please contact the school office. Tel: 01395 263397, email: admin@wrpschool.org

• wrpschool.org • [facebook: OfficialWRPSchool](https://www.facebook.com/OfficialWRPSchool) • [Twitter/X: Official@wrpschool](https://twitter.com/Official@wrpschool) •



Growing

Happy

Caring

Hearts

and

Minds



Weekly School News Roundup

Year 6 had a great day at the Sideshore Sea Safety project this week!

Our fabulous Year 6 teacher Mrs Rhodes has been instrumental in establishing this amazing experience, after initially organising an event for the children of Withycombe Raleigh Primary School it's now been extended to other local schools. Lots of amazing people from our community are now involved in providing this extraordinary experience including Sea Swim Devon, the RNLI Lifeguards, artist and illustrator Rose Jones, and a parent-scientist Dr Robert Ellis and his colleagues from the University of Exeter who engaged the children in a fascinating science workshop. Sideshore Safety will be sharing more, including videos (*we can't wait to see the drone footage taken by another parent volunteer!*) and interviews soon!



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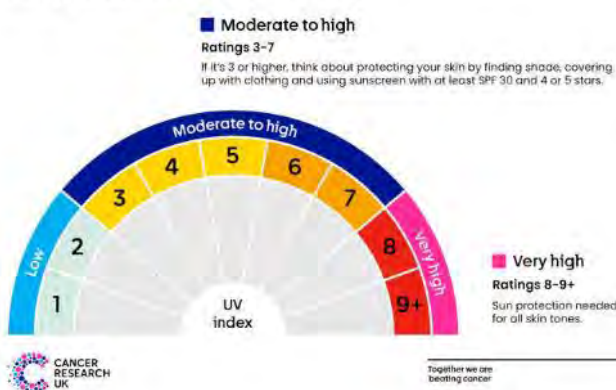
Safeguarding

Staying safe in the sun!

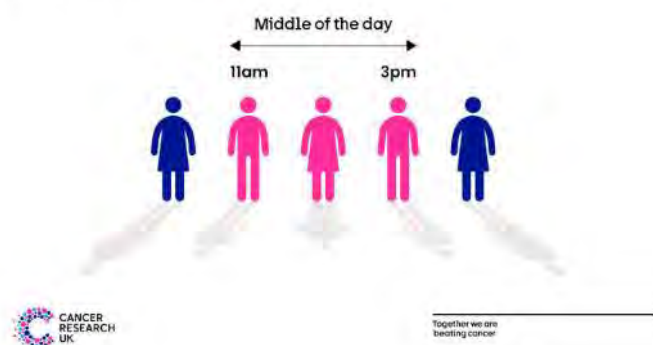
We've had some lovely sunny days recently (although looking at the forecast, it's currently pretty changeable!) where children are able to spend more time outside, both at school and at home.

There are lots of sun safety tips and reminders available online which are useful to read in order to keep children safe and prevent them getting sunburnt. **Cancer Research UK** reminds us: Sunburn doesn't just happen abroad or when it's hot outside. The sun can be strong enough in the UK to damage your skin from mid-March to mid-October, even if it's cold or cloudy. The sun is strongest in the middle of the day when it's highest in the sky, which is 11am to 3pm in the UK. These graphics from their website are really helpful!

Are you at risk of sunburn today?



The sun's UV rays are strongest when your shadow is shorter than you.



Clouds block some UV, but over 90% of UV rays can still pass through cloud and cause sunburn.

- The sun can be strong enough to damage skin and cause sunburn from mid-March to mid-October in the UK.
- The UV index tells us how strong the sun's ultraviolet (UV) rays are. If it is 3 (moderate) or above, you need to think about protecting your skin.

More here: <https://www.cancerresearchuk.org/about-cancer/causes-of-cancer/sun-uv-and-cancer/>

The NHS also recommend that children stay out of the sun for extended periods of time particularly between 11am and 3pm. During our school lunchbreaks we encourage children to spend some time in the shade, including sitting in the shade of our school field's tree line.

Please ensure that your child never burns!

- ✓ Use at least factor 30 sunscreen (which is in date and preferably a 4 star UVA protection)
- ✓ Cover up with suitable clothing, including a sun hat

The **NHS website** provides further really useful reminders about how and when to apply sunscreen.

<https://www.nhs.uk/live-well/seasonal-health/sunscreen-and-sun-safety/>

Experiencing severe sunburn, particularly in childhood, increases the risk of developing skin cancer in later life, so it's very important to protect yourself and your family from the sun.

Mr Smith
Designated Safeguarding Lead



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Connectedness

School staff work hard at building and maintaining positive connections with pupils to help them get the best from their learning, personal development and overall school experience.

Our School Vision (Growing Happy, Caring Hearts and Minds), School Values (Generosity, Respect, Agape, Courage, Empathy) and our '10 Choices for Mental Health' all help to support the positive connections we have with pupils.

Please see our school Wellbeing Page for information about the 10 choices we can all make to help our own mental health.

Psychologist Dan Hughes has developed an approach to help parents and carers to improve their positive connections and interactions with their children. It's called PACE.

PACE stands for Playfulness; Acceptance; Curiosity; Empathy.

Here are some ideas of how to use PACE in your everyday interactions with your children:



Playfulness: Show enjoyment in being together with your child. Use a playful and light-hearted tone during interactions. Keeping the tone light can also help with more serious conversations and reduce feelings of shame.

Acceptance: Connect with your child's feelings and verbally acknowledge them. Try not to just reassure them away. Acceptance is not about condoning behaviour but means you are understanding their feelings in the context of their world. Connecting first and helping a child calm is important before any conversation about behaviour.

Curiosity: Be curious about your child - their thoughts, feelings, wishes, actions. Show interest in what is going on for them. Avoid 'Why' questions; use 'What' or 'How' instead. 'Why are you doing that?' sounds very different to 'What is going on for you at the moment?' or 'How are you doing right now?' Share your curiosity - 'I wonder if you might be feeling...'

Empathy: Using empathy means you are showing your child that they are important to you and that you will be there for them through difficult feelings or hard times.



An adapted version of PACE for parents is **PLACE** - which includes the word **Loving!**

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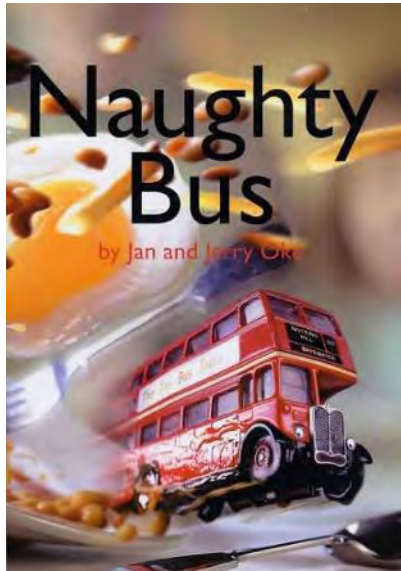


NEW! To ease communication regarding **Breakfast Club** bookings and queries we now have a direct email address for you to use. If you have any questions regarding any aspect of our Breakfast Club provision please contact Mrs Smith using this email address: breakfastclub@wrpschool.org



On Monday our Year 5 children spent a sunny but windy day at the beach. Once there, they worked with the **Devon Waste** team on 3 different activities, a beach clean, a marine plastic quiz and a sustainable fishing game. We were all reminded about the importance of **Reuse, Recycle and Reduce!**

This week Year One had a lovely visit from Jan Oke, author of **Naughty Bus!** This is the book we are learning about at the moment. She shared her ideas, and the process of being an author with us!



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Sports and Achievements

If you have any news about sports or other achievements that you'd like to share, please email a photo to admin@wrpschool.org.

Clement Snook from Bumblebees achieved his half marathon wristband and jnr ParkRun.



Olivia from Dolphin Class has just completed her 50m badge at swimming.



This week was Loneliness Awareness Week and the theme this year was Random Acts of Connection.

We invited children to use Conversation Starter cards to get to know their friends better, or to make new ones!



We'll be cheering on Ben Lane, an ex-Withycombe pupil and the son of our proud TA Mrs Williams (herself a medal winner for Badminton), as he goes to the Olympics in Paris! Ben Lane and Sean Vendy will compete in the men's doubles for Team GB's badminton squad for the Paris 2024 Olympic Games, their second Games running after going to Tokyo in 2020.

Ben said: "This year, we go to the Games with the experience of an Olympics already under our belts and so we go to Paris knowing what to expect, how to approach the challenges we will face and how best to enjoy being an Olympian. To represent your country in any discipline is special and we are both relishing the opportunity to compete against the very best in the world on the biggest sporting stage."

The 2024 summer Olympics runs from 26 July to 11 August 2024 and the badminton events take place between 27th July to 5th August at the Porte de la Chapelle Arena. **We'll all be watching and cheering you on Ben! Good luck!**



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It's now easier to keep up with school events!

Please visit the Home Connect page to view the whole school calendar. You can click into the entries for more information, and we'll still email/text you when your children have activities arranged.

Here are some of the exciting things we have coming up this month!

- Y1 Powderham Trip Tues 18th June
- Y3 Swimming Wed 19th June
- Y3 Cinema Trip Mon 24th June
- Y6 Main Performance, Exmouth Pavilion Tues 25th June
- Buddy Tours 26th-28th June



And we're looking forward to Sports Day on Thursday 20th June!

Timetable for the day

8:50 am	Everyone: Registration in class as usual	
9:00 am	KS2 will walk to Withycombe Rugby Club	
9:15 am	KS2 Sports Events begin	
12:10 pm	Everyone: Family Picnic on the School Field	
1 pm	Everyone: Registration in class as usual	
1:20 pm	Foundation/KS1 Sports Challenges begin	

KS2 Sports Day Guide

Events will begin at approximately 9.15am at Withycombe Rugby Club.

Children take part in a series of physical activities as a class.

This will be followed by track races: relays, and individual sprints.

Children will walk back to school in time for the family picnic.

Families are warmly welcomed to come along and watch from the side-lines.

Please note, there will be no parking allowed at the club. Please be considerate of residents when parking.

Family picnic on the school field - 12.10pm until 1pm

You may bring picnic blankets and/or fold-up chairs if you wish. Please no alcoholic beverages.

1pm = time to clear the field so the afternoon events can be set up!

Please move your picnic blankets/chairs to the outer boundaries of the field.

Foundation & KS1 Guide

The KS1 Sports Challenge begins at 1.20pm on the School Field.

This will be a series of physical competitive and non-competitive activities.

Children will wear school PE kit, with badges provided on the day to show their House Colour.

- **Please send your children to school with their own clearly labelled picnic lunch.**
(This is so they have lunch available in case we have to cancel at short notice due to poor weather)
- Please ensure that your child has a labelled water bottle.
- All children should come to school wearing their PE kit for the day.
- KS2 pupils will be asked to wear a coloured T-shirt to show their allocated House (further details to follow).
- All children should have sun cream applied before school, and wear a sun hat.
- **We are not providing school dinners on Sports Day.**

We expect that children will want to join their family for a picnic lunch on the field. If your KS2 child is entitled to a free school meal, the kitchen can provide your child with a packed lunch.

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Volunteer to change a future using your skills and our knowledge, we can change children's futures

HOME START



Are you a mum, dad, grandparent or child carer?
Can you spare 2-3 hours a week?
With your knowledge and experience you could be the vital support a family needs.
As little as 2 hours a week can make a real difference.

Volunteering with us can:

- Improve the lives of the families you support
- Give something back to the community
- Enhance your own well-being
- Give you access to free, high quality training
- Help you learn new skills

We support families with young children, in East Devon, who just need a little bit of extra help.

We're there for parents when they need us most.



For more information:
<https://homestarteemd.org.uk/contact-us/>
Email: office@homestarteemd.org.uk
Telephone: 01395 542298

St JOHN THE EVANGELIST CHURCH WITHYCOMBE RALEIGH 160th ANNIVERSARY

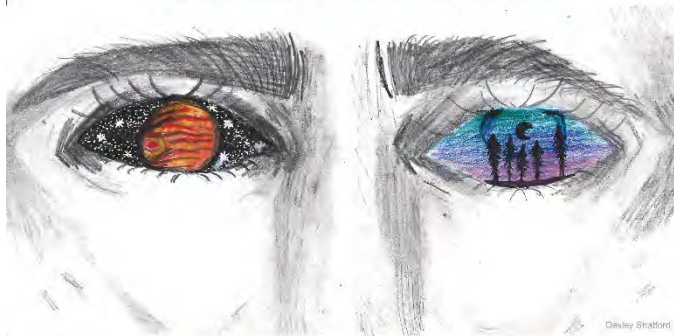
1864-2024



Friday 27th - Sunday 29th September

Come join our weekend of celebration
Displays, activities, performances

OUR NEURODIVERGENT EXPERIENCE



© Daley Stratton

SEE INTO MY WORLD

Free exhibition

21 June 10am-4pm

Positive Light Projects, Sidwell Street
Exeter EX4 6RD

The exhibition is the result of a University of Exeter Engaged Public Research funded collaboration between the Esteem Team, Devon Council Council's SEND participation team, Well Image CIC and researchers at University of Exeter working in partnership.

Learn more and check out the permanent online exhibit from Friday 21 June



PLYMOUTH ARGYLE ACADEMY OPEN SESSIONS UNDER 6 & 7 (SCHOOL YEAR 1 & 2)

PLYMOUTH

Date Friday, 21 June 2024
Venue Marjon Sports Centre, 3G Astro Turf
Capacity 100 spaces
Time 5.30-7.00pm



NEW DATE ADDED!

SOUTH DEVON

Date Friday, 5 July 2024
Venue Devon County FA, 3G Astro Turf
Capacity 70 spaces
Time 5.30-7.00pm



EAST CORNWALL

Date Friday, 12 July 2024
Venue Brannel School, 3G Astro Turf
Capacity 60 spaces
Time 5.30-7.00pm



PENRYN

Date Tuesday, 16 July 2024
Venue Penryn College, 3G Astro Turf
Capacity 60 spaces
Time 5.30-7.00pm



OKEHAMPTON

Date Thursday, 18 July 2024
Venue Ashbury Golf Hotel, 3G Astro Turf
Capacity 60 spaces
Time 6.00-7.30pm

