

Weekly School News Roundup

**Withycombe Raleigh
C of E Primary
School**

17th January 2025



Mrs Emma Jones, Headteacher
Withycombe Village Road
Exmouth, Devon, EX8 3BA

Please ring us on: (01395) 263397
email: admin@wrpschool.org
website: wrpschool.org

News from your Headteacher

I hope your children have enjoyed their learning in school this week. I have had lots of children visit me to share their amazing learning; it has been wonderful to see the progress some of our children have made, particularly in their reading and writing in such a short amount of time. I love to compare their work from the start of the year to now - the children love to do this too. As you are aware, reading is a key focus for us as a school this year and we are seeing the positive impact of the Little Wandle reading / phonics scheme for those children using this.



We are also really pleased that children have been able to use the new library this week too. It is a lovely, bright space with plenty of room for children explore the shelves or to sit comfortably and enjoy their books. One of our main aims for children at our school is that they leave us as confident readers who love books. Parents often ask what more they can do to support their children's learning and reading is one of the main ways in which parents can make a massive difference to children's progress.

Hearing children read to you regularly as well as reading stories to your children encourages their love of literature, develops their language and vocabulary as well as opening up a whole new world of opportunities. If you are able to read and share books (including the Little Wandle / Collins ebooks) with your children regularly, it does make such a massive difference.

If your child enjoys reading and books and you want to give them another exciting challenge, why not apply for a Blue Peter Reading Badge? I don't know about you, but I always wanted a Blue Peter Badge when I was a child!

Further details can be found here: <https://www.bbc.co.uk/cbbc/findoutmore/blue-peter-apply-for-a-book-badge>

School Lunches

We are so fortunate to have a dedicated catering team who prepare wonderful meals for the children each day (I enjoy our school meals regularly too). All our lunches are prepared freshly each day using quality ingredients from local suppliers. Our menus fully comply with the Government's Food Standards, with the appropriate frequency and range of healthy foods included on the menu. To find out more about our school lunches, please take a look at our 'myth busters' on the school website: <https://www.wrpschool.org/faqs-2024>

Please remember to make your child's meal choices via Parentpay. You can make the choices for the whole half term. If you are having difficulties managing the Parentpay system, please contact our school office who will be happy to support you.

If your child is entitled to Universal Infant School Meals you will be aware that we encourage all of our children to eat school-based lunches with their peers. This has proved a popular way of children trying new foods and having a sociable lunchtime with their peers.

Continued...



Growing

Happy

Caring

Hearts

and

Minds



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However, from time to time, children are either:

- not ready for a school-based meal
- have particular challenges around certain foods
- have a medical need or a very specific dietary need.

To support this, we have set up a number of **Meal Time Champions** who will spend time encouraging and supporting children who struggle with a school-based option. If your child struggles with school meals, even if it is simply that there is nothing that they like on the menu on one specific day, please speak to your child's class teacher in the first instance so we can make a plan to support your child and ensure they get enough to eat at lunchtime.



Hand-made paper puppets and pockets for sale!
Friday 17th January
In the main playground straight after school at 3:15pm

*Come along and support this event,
organised by Year 4 children in aid of Hospiscare*



Junior Parkrun Withycombe Takeover!

Thank you to everyone who came out to support Junior Parkrun at Phear Park last weekend! It was great to see so many Withycombe children enjoying this event.

Here the juniors are warming up at the busy start line!



Collective Worship

In Collective Worship this week we started a new theme linked to the book of Psalms. Year 6 led our assembly this morning. It is always a treat to hear from the children in Collective Worship and the whole school enjoy these. Year groups lead CW on a Friday fortnightly.

Contact Us

You can email your child's class teacher directly using the class email account. Alternatively, you can email admin@wrpschool.org, or call us on 01395 263397.

Have a lovely weekend.
Mrs E Jones, Headteacher

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Wellbeing

Helping your Child take Control of their Mental Wellbeing

Resilience is a key skill for children to develop, to cope with life's challenges and, in the future, to be able to participate in the world as a healthy adult.

For all of us, life brings its difficulties and joys. Like a sailor on a ship it is about enjoying the calm seas, and navigating the storms. When we are resilient, we are able to better manage life's challenges - we believe in our ability to deal with problems that come our way.

Children can face many uncertainties, difficulties and problems whilst navigating their way through childhood. They learn new information, take tests, change schools, are sometimes unwell, make new friends and encounter friendship difficulties.

As parents and carers, an essential part of our role is helping our children develop resilience to manage these ups and downs and learn ways to help their own mental wellbeing.

One way we support children's mental wellbeing in school is through the promotion of the '10 choices' we can all make to support good mental health. In the same way as taking control of our own physical health (e.g. by eating well and exercising) we want children to know they can also have control of their own mental health.

The '10 choices' are:


- Talk about your Feelings – who do I talk to at home/school?
- Ask for Help – can I ask for help? Who can I ask?
- Take a Break – how do I relax and unwind?
- Eat Well – am I eating my 5 a day? Have a got a varied and healthy diet?
- Stay Hydrated – can I have more regular drinks of water?
- Keep in Touch with People you Care About – who do I connect with?
- Stay Active in Mind and Body – how do I keep my body and brain busy?
- Do Something you are Good at and Enjoy – what do I look forward to?
- Actively Care for Others – when I help others, I feel better myself
- Be Proud of your very Being – can I say something every day that I am proud of?



We display the '10 a day' puzzle poster at school as a reminder, and we welcome and support parents and carers discussing these choices with your children as one way to help them develop resilience and good mental health.

Mrs L Jones, Wellbeing TA



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- Venues near you this February:**
- Bowhill Primary School, Exeter, EX4 1JG**
Multi-Activity Camp
17th -21st February 2025, 09:00-15:30, Age 4-11, £24.99 per day
 - Clyst St Mary Primary School, Exeter, EX5 1BQ**
Gymnastics Camp
18th February 2025, 09:00-15:30, Age 4-11, £24.99 per day
Multi-Activity Camp
19th February 2025, 09:00-15:30, Age 4-11, £24.99 per day
Dance Camp
20th February 2025, 09:00-15:30, Age 4-11, £24.99 per day
 - Pinhoe Primary School, Exeter, EX4 8PE**
Multi-Activity Camp
17th -21st February 2025, 09:00-15:30, Age 4-11, £24.99 per day
 - St Michael's Primary School, Exeter, EX1 2SN**
Multi-Activity Camp
17th -21st February 2025, 09:00-15:30, Age 4-11, £24.99 per day
 - St Sidwell's Primary School, Exeter, EX4 6PQ**
Multi-Activity Camp
17th -21st February 2025, 09:00-15:30, Age 4-11, £24.99 per day
 - St Thomas Primary School, Exeter, EX2 9BB**
Multi-Activity Camp
17th -21st February 2025, 09:00-15:30, Age 4-11, £24.99 per day
- ★15% DISCOUNT available until Sunday 19th January 2025



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😊 See you soon!

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Cost
STANDARD: £20.00
EXTENDED: £25.00

Times
STANDARD: 8.45AM - 3.30PM
EXTENDED: 8.00AM - 5.30PM

Beacon Primary School
1 Beacon Place, Exmouth, Devon, EX8 2SR

February Half Term
Tuesday 18th of February
Wednesday 19th of February
Thursday 20th of February

Booking Link
<https://www.primary-sports.co.uk/events/2025/02/18/the-beacon-primary-school-february-holiday-camps-2025>

Ofsted Registered

More Information: marcus@primary-sports.co.uk / 07976979202



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Withycombe Raleigh C E Primary School



Bag2School is a company that specialises in the reuse and recycling of good quality second-hand clothing and we have arranged to make a collection from your school. All the bags will be weighed and you will be paid for the total weight collected. Remember - the more you collect the greater the benefit to your school.

Please use your own bags, there is no limit.

When the clothes have been removed from the bag the plastic will be packed and sent for recycling.

We are collecting good quality items for RE-USE:

Mens', ladies', children's & babies' clothes, paired shoes, handbags, belts & accessories.

(No uniforms, workwear, pillows, duvets or pieces of fabric please)

The more we weigh the more we pay!

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Monday 20 January by 9am

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